

# Adult Special Interest Classes

## ASHI Pet First Aid

(Ages: 14 to Adult) Will you know what to do when your pet needs help? Your pet depends on you for his or her well-being. Our Pet First Aid course teaches emergency care procedures for cats and dogs and provides tips for keeping your pet happy and healthy too. Among the things you will learn are; How to approach a sick or injured animal; administering medications; recognizing an emergency; performing CPR and first aid; treating common problems and emergencies requiring immediate attention; and what to stock in a pet first aid kit.

**4814.123** M, 21-Mar 9:00 AM - 1:00 PM  
**4814.124** M, 18-Apr 9:00 AM - 1:00 PM  
**4814.125** M, 16-May 9:00 AM - 1:00 PM  
Maury Commons Instructor: Carpenter, Tim  
\$35 City, \$40 Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## Basic Dog Manners

(Ages: 16 to Adult) Using positive reinforcement methods based on current learning theory and behavior modification techniques, we will teach YOU to teach the dog to respond to the clicker and your commands of : Come, Sit (& Stay) Down (& Stay) and Heel. Dogs attend ALL five classes. Students will receive a copy of Sarah's award winning book Devoted to Dogs: How To Be Your Dog's Best Friend" with written homework and dog behavior discussions. We will have a festive graduation with prizes and photo opportunities. Please request a supply list and class orientation sheet when you register. Classes are small - register early!

**4311.321** W, 12-Jan to 16-Feb 2:30 PM - 3:30 PM  
**4311.311** W, 12-Jan to 16-Feb 7:30 PM - 8:30 PM  
Community Center Instructor: Ferrell, Sarah  
\$89 City, \$99 Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## Pet Portraits

(Ages: 14 to Adult) Join the fun as we help you create a beautiful painted pet portrait. A pet portrait is an exciting way to express your love for a beloved companion, or to cherish the memory of one that is no longer with you. Additionally, it can make a great gift for a friend! You need to bring three or four pictures of your pet, and bring the materials you want to work in plus a 9 x 12 canvas or larger.

**4311.505** M, 17-Jan 7:00 PM - 9:00 PM  
Mind & Body Studio Instructor: Harris, Nancie  
\$35 City and Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## Advanced Dog Manners Obedience Class

(Ages: 16 to Adult) In response to graduates of our Basic classes, we offer an advanced skills class for dogs who want to go a bit further in their good manners mastery. We will work hard on longer sit and down stays; calm, leisurely loose lead walking; and fast, enthusiastic "Come!" when called. Dogs will learn to do their work, on request, even with distractions like strangers knocking on the door, humans jogging while they concentrate on sit or down, watching their humans even when tantalizing dog fun activity unfolds around them. This is a daytime class. Small group, so register early, please.

**4311.408** W, 12-Jan to 16-Feb 1:00 PM - 2:00 PM  
Community Center Instructor: Ferrell, Sarah  
\$89 City, \$99 Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## Adobe Photoshop Elements Workshop

(Ages: 14 to Adult) Discover Adobe Photoshop Elements®, a popular software program that turns photos into something unique! Transform images, using a variety of digital pictures, wild filters, attention-grabbing backgrounds and font-styles and much, much more. One-day workshop for the beginner to advanced student.

**9000.01** Sa, 26-Feb to 26-Feb 9:00 AM - 12:00 PM  
Community Center Instructor: Johnson, Tronica  
\$40 City/Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City



## Sarah Ferrell...

is a writer, portrait photographer, pet dog manners teacher, and canine behavior consultant. Sarah has taught obedience classes in the United States and Belgium and has owned Dog Manners Behavior and Obedience for over 20 years.

## Notes for Pet Classes

Dogs of all ages and sizes are welcome, but the dog must be at least 14 weeks old and have had at least 2 of 4 puppy vaccinations. Participants in all classes must show current veterinary vaccination at first day/night's orientation.

# Adult Special Interest Classes

## Stop Smoking



(Ages: 16 to Adult) This time you are going to quit smoking for good! Nancie Harris, a registered hypnotist for behavior modification, will help you quit without withdrawal symptoms, chemicals or medication, using relaxation and behavior modification techniques. Nancie will teach you the new behavior skills to get rid of your addiction. Hypnosis, although NOT a magic potion, is one way to

help you keep an even keel, put yourself first, and quit smoking for good. Why not give it a try?

**2460.301** M, 3-Jan to 3-Jan 7:00 PM - 9:00 PM  
**2460.303** M, 11-Apr to 11-Apr 7:00 PM - 9:00 PM  
Mind & Body Studio Instructor: Harris, Nancie  
\$35 City, \$40 Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## Herbal Health Program - One Size Fits All!

(Ages: 18 to Adult) All though we are all biochemically unique and not everything works for everybody, there are basic supplements that almost everyone needs. A lot of people are very low energy and are tired of being sick and tired. The truth is that it is easier to stay well than it is to get well. This class supplies interesting information that will benefit and maintain a basic all over herbal health program for anybody. Joanna Cassidy-Farrell is a certified herbalist and horticulturist.

**4682.233** Sa, 8-Jan 10:30 AM - 12:00 PM  
**4682.233A** Sa, 12-Feb 10:30 AM - 12:00 PM  
Keep it Green Instructor: Cassidy-Farrell, JoAnna  
\$25 City, \$30 Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## Herbal Organic Gardening Class

(Ages: 14 to Adult) This class offers a mix of quick fixes that a person may do to keep down on weeding time, fertilize naturally and make your own natural pesticides along with an introduction to some garden tools that make your work quick and efficient.

**4682.420** Sa, 14-May 10:30 AM - 11:30 AM  
Keep it Green Instructor: Cassidy-Farrell, JoAnna  
\$25 City, \$30 Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## RAD for Women

(Ages: 16 to Adult) In a bad situation, would you know what to do? This important hands-on program, brought to us by the Fredericksburg Police Department, will give you some safety tips and teach you valuable defense tactics to use should you ever be attacked. You'll learn how and where to kick and hit, and when and what to yell. Gain self-confidence and feel safer knowing that you know how to protect yourself should danger arise.

**2511.311** Tu, 1-Feb to 22-Feb 7:00 PM - 9:00 PM  
Fredericksburg Police Department  
Instructor: Jones, Lt. Sheila  
\$12 City and Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## Keep it Herbal - Detox

(Ages: 18 to Adult) Detoxification takes place on many levels in the body. In this class you will learn how to detox your body naturally with a safe herbal program. The information provided will educate the public's exposure to everyday poisons and address inexpensive ways to rid your body of the unwanted overload of toxins such as yeast, heavy metals, excessive medications, food pesticides, and other environmental toxins.

**4682.339** Sa, 22-Jan 10:30 AM - 12:00 PM  
**4682.340** Sa, 12-Mar 10:30 AM - 12:00 PM  
Keep it Green Instructor: Cassidy-Farrell, JoAnna  
\$25 City, \$30 Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## Ear Candling & Neti Pot!

(Ages: 18 to Adult) Let Nature be your HMO! This class offers an education on why you suffer with allergies, sinus problems, and the link to our diet and intestinal tract that creates this miserable state of illness. Info provided on beneficial herbs for sinus support along with an old Egyptian art demonstration of ear candling and Neti Pot use for each student. This natural approach will show immediate results!

**4682.445** Sa, 26-Feb 10:30 AM - 12:00 PM  
Keep it Green Instructor: Cassidy-Farrell, JoAnna  
\$25 City, \$30 Non-City Resident  
Registration Begins: 1/4 City 1/11 Non-City

## Keep It Green

JoAnna Cassidy-Farrell is a Master Herbalist and Certified Natural Health Care Professional dedicated to educating the public on better health.

**Classes will be held at the Keep It Green Herbal Remedies - 609 Jett St. Fredericksburg, VA 22405**  
**Please call 540-361-1416 for questions or directions.**

# Adult Special Interest Classes

## CPR/AED Certification

(Ages: 14 to Adult) Would you be able to help someone you love if they needed CPR? Don't wait until it's too late to find out! Get the skills you will need to provide basic care for breathing and cardiac emergencies, and perform CPR until advanced medical personnel arrive. You will also be trained to use an Automated External Defibrillator (AED).

<b>2110.301B</b>	M, 7-Feb	9:00 AM - 1:00 PM
<b>2110.408</b>	M, 3-Jan	9:00 AM - 1:00 PM
<b>2110.411</b>	M, 24-Jan	9:00 AM - 1:00 PM
<b>2110.611</b>	M, 28-Feb	9:00 AM - 1:00 PM
<b>2110.612</b>	M, 14-Mar	9:00 AM - 1:00 PM
<b>2110.613</b>	M, 4-Apr	9:00 AM - 1:00 PM
<b>2110.614</b>	M, 25-Apr	9:00 AM - 1:00 PM
<b>2110.615</b>	M, 2-May	9:00 AM - 1:00 PM

Maury Commons      Instructor: Carpenter, Tim  
\$35 City, \$50 Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

## Heartsaver Pediatric First Aid Certification

(Ages: 14 to Adult) Learn how to manage illness and injuries in a child in the first few minutes until professional help arrives. Topics include First Aid basics, medical emergencies, Injury emergencies, Environmental emergencies, and other first aid topics. Bring a bag lunch.

<b>2110.533</b>	Th, 20-Jan	9:00 AM - 4:00 PM
<b>2110.534</b>	Th, 17-Feb	9:00 AM - 4:00 PM
<b>2110.535</b>	Th, 17-Mar	9:00 AM - 4:00 PM
<b>2110.536</b>	Th, 21-Apr	9:00 AM - 4:00 PM
<b>2110.537</b>	Th, 19-May	9:00 AM - 4:00 PM

Community Center      Instructor: Carpenter, Tim  
\$40 City, \$55 Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

## Heart Saver First Aid Certification

(Ages: 14 to Adult) This course will cover the basics of First Aid for adult, children and infants. Take one day and be prepared to take care of your family and friends in an emergency. Upon completion of the written test you will receive certification for this class. \*Optional books may be purchased for \$15.

<b>2120.101</b>	M, 11-Apr	9:00 AM - 1:00 PM
<b>2120.102</b>	M, 14-Feb	9:00 AM - 1:00 PM
<b>2120.103</b>	M, 28-Mar	9:00 AM - 1:00 PM
<b>2120.315</b>	M, 9-May	9:00 AM - 1:00 PM
<b>2120.316</b>	M, 31-Jan	9:00 AM - 1:00 PM
<b>2120.32</b>	M, 30-May	9:00 AM - 1:00 PM

Maury Commons      Instructor: Carpenter, Tim  
\$35 City, \$50 Non-City Resident  
Registration Begins: 8/24 City    8/31 Non-City



## BE PREPARED!

HEART SAVER, FIRST AID, & CPR/AED PROGRAMS ARE DESIGNED TO GIVE YOU THE CONFIDENCE TO RESPOND IN AN EMERGENCY SITUATION WITH SKILLS THAT CAN SAVE A LIFE.

## Heartsaver CPR/AED& First Aid Certification

(Ages: 14 to Adult) The Heartsaver AED, CPR and First Aid course teaches CPR, AED use, relief of choking in adults and children and infant CPR and relief of choking. Use of barrier devices for all ages is also covered. First aid topics include how to manage illness and injuries in the first few minutes until professional help arrives. Also covered are general principals, medical emergencies, and injury emergencies. Bring bag Lunch!

<b>2110.203</b>	Th, 6-Jan	9:00 AM - 4:00 PM
<b>2110.215</b>	Th, 13-Jan	9:00 AM - 4:00 PM
<b>2110.216</b>	Th, 3-Feb	9:00 AM - 4:00 PM
<b>2110.217</b>	Th, 24-Feb	9:00 AM - 4:00 PM
<b>2110.218</b>	Th, 10-Mar	9:00 AM - 4:00 PM
<b>2110.219</b>	Th, 31-Mar	9:00 AM - 4:00 PM
<b>2110.22</b>	Th, 14-Apr	9:00 AM - 4:00 PM
<b>2110.221</b>	Th, 28-Apr	9:00 AM - 4:00 PM
<b>2110.222</b>	Th, 5-May	9:00 AM - 4:00 PM
<b>2110.223</b>	Th, 26-May	9:00 AM - 4:00 PM

Maury Commons      Instructor: Carpenter, Tim  
\$45 City, \$60 Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

## Taking the Mystery Out of Investing!

(Ages: 16 to Adult) If you keep hearing about IRA's and Mutual Funds, CD's and certificates, and you don't know what everyone is taking about, this is the class for you! You don't need a lot of extra money to start on your way to investment savings for big pay offs later. Come see how it's done!

**4620.500** Tu, 25-Jan to 25-Jan 7:00 PM - 8:00 PM  
Community Center      Instructor: Folden, Val  
\$10 City and Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

## Tax Traps of Divorce

(Ages: 16 to Adult) Strategies to Protect Your Finances As You Go Through Divorce.

**4620.501** Tu, 22-Feb to 22-Feb 7:00 PM - 8:00 PM  
Community Center      Instructor: Folden, Val  
\$10 City and Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

# Adult Special Interest Classes

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## Drawing I

(Ages: 16 to Adult) Always wanted to draw, but never took the time? Come to Nancie's class to learn a new talent or expand your skills. Learn the basics of 3-D drawing. Nancie's class will teach to look at things from a different way. Supply list prints on your receipt.

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<b>4012.115</b>	Th, 6-Jan to 27-Jan	10:00 AM - 12:00 PM
<b>4012.513</b>	Th, 10-Mar to 31-Mar	10:00 AM - 12:00 PM
<b>4012.517</b>	Th, 12-May to 2-Jun	10:00 AM - 12:00 PM
<b>4012.514</b>	Th, 10-Mar to 31-Mar	7:00 PM - 9:00 PM
<b>4012.518</b>	Th, 12-May to 2-Jun	7:00 PM - 9:00 PM

Mind & Body Studio      Instructor: Harris, Nancie  
\$41 City, \$46 Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

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## Drawing II

(Ages: 16 to Adult) For those of you who have completed Drawing I or have drawing experience. We'll improve your techniques and learn more secrets to making a drawing come to life. We will also incorporate ink into our drawings. Come ready to draw! Supply list prints on your receipt.

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<b>4012.511</b>	Th, 3-Feb to 24-Feb	10:00 AM - 12:00 PM
<b>4012.512</b>	Th, 3-Feb to 24-Feb	7:00 PM - 9:00 PM
<b>4012.516</b>	Th, 7-Apr to 28-Apr	7:00 PM - 9:00 PM

Mind & Body Studio      Instructor: Harris, Nancie  
\$41 City, \$46 Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

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## Acrylics II

(Ages: 16 to Adult) For those of you who have some experience working with acrylic paints or have taken Nancie's first session. This class will help you continue to explore your creativity and ability to work in this wonderfully portable and easy art form. Each student will continue to work at his/her pace to complete different projects. Pick up a supply list when you register.

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<b>4035.5</b>	W, 2-Feb to 23-Feb	10:00 AM - 12:00 PM
<b>4035.502</b>	W, 6-Apr to 27-Apr	10:00 AM - 12:00 PM
<b>4036.201</b>	W, 2-Feb to 23-Feb	7:00 PM - 9:00 PM

Mind & Body Studio      Instructor: Harris, Nancie  
\$41 City, \$46 Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

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## Making Turquoise Out of Polymer Clay

(Ages: 14 to Adult) Many people love the look of turquoise but hate the price tag that comes along with it. Luckily, there's a quick and easy way to create custom pieces that look like the real thing! Join the fun!

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<b>4012.519</b>	Tu W Th, 1-Mar to 3-Mar	7:00 PM - 9:00 PM
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Mind & Body Studio      Instructor: Harris, Nancie  
\$60 City and Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

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## Watercolor I

(Ages: 16 to Adult) Get to know the artist within you. Learn the basics of this beautiful medium with artist Nancie Harris. Find your particular style and feel your creative energy flow as you learn how to begin painting your own watercolors. Each student will work on 4 pieces throughout the course. Pick up a supply list when you register.

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<b>4031.215</b>	Tu, 4-Jan to 25-Jan	10:00 AM - 12:00 PM
<b>4031.216</b>	Tu, 8-Mar to 29-Mar	10:00 AM - 12:00 PM
<b>4031.221</b>	Tu, 10-May to 31-May	10:00 AM - 12:00 PM
<b>4031.217</b>	Tu, 4-Jan to 25-Jan	7:00 PM - 9:00 PM
<b>4031.218</b>	Tu, 8-Mar to 29-Mar	7:00 PM - 9:00 PM
<b>4031.22</b>	Tu, 10-May to 31-May	7:00 PM - 9:00 PM

Mind & Body Studio      Instructor: Harris, Nancie  
\$41 City, \$46 Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

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## Watercolor II

(Ages: 16 to Adult) For those of you who have taken Nancie's Watercolor I class or have some watercolor experience. We will expand your watercolor techniques and explore new ways to handle the medium. There will be three new techniques wet on wet, colage work, another card. Come ready to paint!

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<b>4031.226</b>	Tu, 1-Feb to 22-Feb	10:00 AM - 12:00 PM
<b>4031.4</b>	Tu, 5-Apr to 26-Apr	10:00 AM - 12:00 PM
<b>4033.216</b>	Tu, 1-Feb to 22-Feb	7:00 PM - 9:00 PM
<b>4033.401</b>	Tu, 5-Apr to 26-Apr	7:00 PM - 9:00 PM

Mind & Body Studio      Instructor: Harris, Nancie  
\$41 City, \$46 Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

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## Acrylics I

(Ages: 16 to Adult) This easy, portable art will offer even beginning artists a chance to express themselves with paint. We'll look at basic acrylic techniques, try an acrylic collage, a wash, and even a still life. Make this the year you try something new and creative acrylics. Pick up a supply list when you register. No experience necessary.

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<b>4035.202</b>	W, 12-Jan to 2-Feb	10:00 AM - 12:00 PM
<b>4035.331</b>	W, 9-Mar to 30-Mar	10:00 AM - 12:00 PM
<b>4035.504</b>	W, 11-May to 1-Jun	10:00 AM - 12:00 PM
<b>4035.225</b>	W, 5-Jan to 26-Jan	7:00 PM - 9:00 PM
<b>4035.501</b>	W, 9-Mar to 30-Mar	7:00 PM - 9:00 PM
<b>4035.505</b>	W, 11-May to 1-Jun	7:00 PM - 9:00 PM

Mind & Body Studio      Instructor: Harris, Nancie  
\$41 City, \$46 Non-City Resident  
Registration Begins: 1/4 City    1/11 Non-City

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## Adult Special Interest Classes

### Mixing the Media Workshop for Adults by PONSHP

(Ages: 16 to Adult) There is a misconception that if you can't draw well, then you are not artistic. This workshop allows students of all skill levels to better the relationship between their creative mind, eyes, and hands using a variety of media including collage, acrylic paint, ink and more. All materials included.

**9000.214** Th, 13-Jan to 27-Jan 6:00 PM - 7:30 PM

**9000.215** Th, 10-Feb to 24-Feb 6:00 PM - 7:30 PM

**9000.216** Th, 10-Mar to 24-Mar 6:00 PM - 7:30 PM

**9000.217** Th, 7-Apr to 21-Apr 6:00 PM - 7:30 PM

**9000.218** Th, 12-May to 26-May 6:00 PM - 7:30 PM

PONSHOP Instructor: Pons, Gabriel

\$90 City and Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

### Clay Classes for Adults by PONSHP

(Ages: 16 to Adult) Students will be introduced to a variety of hand-building techniques including coiling and slab giving them the skills they need to create a finished ceramic piece. Students will also be introduced to basic glazing techniques by finishing all their work with one of our glazes. Projects include both functional and sculptural ceramic pieces.

**9000.220** Tu, 11-Jan to 25-Jan 6:00 PM - 7:30 PM

**9000.221** Tu, 8-Feb to 22-Feb 6:00 PM - 7:30 PM

**9000.222** Tu, 8-Mar to 22-Mar 6:00 PM - 7:30 PM

**9000.223** Tu, 5-Apr to 19-Apr 6:00 PM - 7:30 PM

**9000.224** Tu, 10-May to 24-May 6:00 PM - 7:30 PM

PONSHOP Instructor: Pons, Scarlett Suhy

\$90 City and Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

### Conversational Italian - Beginner

(Ages: 16 to Adult) Come immerse yourself in one of the most romantic languages in the world. Conversational Italian is for teens and adults. It is a classroom environment where the instructor will familiarize the class with basic words and phrases in Italian. This course teaches the basic skills to those who do not know Italian so they can converse with an Italian speaker.

**4490.412** Th, 6-Jan to 10-Feb 10:00 AM - 11:00 AM

**4490.413** Th, 31-Mar to 5-May 10:00 AM - 11:00 AM

**4490.202** W, 16-Feb to 23-Mar 6:45 PM - 7:45 PM

Community Center Instructor: Toole, Lucia

\$60 City, \$65 Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City



### Conversational Italian - Intermediate

(Ages: 13 to Adult) Build on the skills you learned in Part I. The instructor teaches an expanded set of skills to those that have acquired a basic knowledge of Italian through completion of conversational Italian I. This is ideal for those who are planning a trip to Italy.

**4490.205B** W, 5-Jan to 9-Feb 6:45 PM - 7:45 PM

**4490.307** W, 30-Mar to 4-May 6:45 PM - 7:45 PM

**4490.306** Th, 17-Feb to 24-Mar 10:00 AM - 11:00 AM

Community Center Instructor: Toole, Lucia

\$60 City, \$65 Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

### Ooops! We are only human...

Our editors have worked hard to ensure accuracy within our publication. We apologize if something has slipped past our editors. Please call us with any questions.



For seniors and others who may need help with 2010 personal state and federal income tax returns is co-sponsored by the AARP and Fredericksburg Parks & Recreation. To receive service on a first-come, first-served basis, you must come to the Community Center in person (married/disabled persons see below).

**REQUIRED IDENTIFICATION:** You must bring Social Security cards for all persons listed on the return (including children and other dependents) AND a government issued photo I.D. (Virginia driver's license or I.D. card, passport, or military I.D. card). **IDENTIFICATION WILL BE CHECKED BEFORE WE CAN PROCEED FURTHER. THIS IS AN IRS REQUIREMENT WHICH OUR VOLUNTEERS CANNOT WAIVE!**

**In addition, please bring the following with you: copies of last year's (2009) tax returns, all forms W-2, 1099s issued to you, and all other documentation of income sources (job and investment income, etc.) and/or deductions (taxes paid, mortgage interest, charitable contributions, form HUD-1 Settlement if you are claiming New Homeowners' Credit, etc.).**

**PLEASE TAKE THE TIME TO OPEN, SORT, AND ORGANIZE YOUR DOCUMENTS AND TOTAL YOUR RECEIPTS BEFORE COMING IN TO THE CENTER!**

Due to the program's popularity, we suggest you arrive prior to 12noon; although not guaranteed, we make every attempt to provide same-day service. Please note that we will help with filing of amended tax returns from prior years only if time is available after all 2010 tax filers have been served. **MARRIED:** Both spouses must come to the Community Center in person to receive tax return assistance. (Spouse or a personal representative must bring a Power of Attorney for a disabled or other incapacitated person—sorry, no exceptions.) **DISABLED:** A personal representative must bring a Power of Attorney to the Community Center to act in your behalf—sorry, no exceptions.) **ALL OTHER INFORMATION ABOVE ALSO APPLIES.**

**Tuesday - Thursday ONLY**  
**February 1 thru April 14, 2011**  
**9:30am-3:00pm**  
**Dorothy Hart Community Center**

## Beginning Adult Acting

(Ages: 18 to Adult) In this class you will learn basic acting technique: how to read and analyze a script, how to work with a scene partner, and how to develop a character. You will memorize, prepare, and showcase a scene you have selected for an audience of your friends and family. The courage and confidence you develop in this class will help you both on stage and in life. No experience necessary.

**5000.206** M, 10-Jan to 28-Feb 7:00 PM - 9:00 PM

**5000.207** M, 7-Mar to 25-Apr 7:00 PM - 9:00 PM

Community Center Instructor: Penniman, Anna Marie

\$72 City/Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

## Writer's Bootcamp Series

(Ages: 17 to Adult) This workshop is designed for the individual who has always wanted to write a novel or short fiction but when faced with a blank page, experiences the well known 'writer's block', shortage of time or inability to create on the page, the novel or story they know is in their head! The frustrated would-be fiction writer will gain an understanding of how to tackle plot, character, location, research and where to draw ideas for today's fiction market. Additionally, take a brief look at where to publish your work, including the basic steps a writer must take in order to compete in the marketplace and whether to write as a hobby or as a profession.

**7900.1** M, 17-Jan to 24-Jan 7:00 PM - 9:00 PM

Senior Citizen Center Instructor: Gregory, Jennifer-Anne

\$40 City/Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

## Beginning Farsi!

(Ages: 16 to Adult) Come and learn beginning Persian Farsi. Learn basic grammar and conversation skills, with no prior experience necessary. Just bring a notebook, pencil and enthusiasm to learn! Farsi is the language of Iran, Afghanistan and Tajikistan, and is spoken by 160 million people worldwide.

**4490.4** Tu, 11-Jan to 22-Feb 6:00 PM - 8:00 PM

Community Center Instructor: Kassock, Zeke

\$90 City, \$0 Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

## Intermediate Farsi!

(Ages: 16 to Adult) For those who have learned basic grammar, but have not yet learned reading/writing skills. Build upon skills learned in our beginner's class.

**4490.311** Tu, 1-Mar to 12-Apr 6:00 PM - 8:00 PM

Community Center Instructor: Kassock, Zeke

\$90 City, \$0 Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

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## Introduction to Nuno Felting

(Ages: 12 to Adult) Make a unique piece of wearable art with the fun and easy process of nuno felting. Nuno felting involves embedding animal fibers, such as alpaca or wool, into a light weight piece of fabric. We will be using hand dyed fiber and silk chiffon to create a scarf. \$15 materials fee payable the first class includes felting fiber and a silk chiffon scarf.

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### 8000.501 2 sessions

Monday, February 7 6:00pm - 8:00pm and  
Saturday, February 12 10:00am - 12:00pm

\$35 City/Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

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## Beginner Crochet Class

(Ages: 12 to Adult) This class will cover the basic crochet stitches, pattern reading as well as tips and techniques. Each student will complete a scarf made of natural Alpaca yarn from our herd. Materials fee \$25 payable first class.

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### 8000.504 M, 7-Feb to 28-Feb 10:00 AM - 12:00 PM

\$75 City/Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

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## Intermediate Crochet

(Ages: 12 to Adult) Intermediate Crochet class: This class will build upon the beginner crochet class. Using 2 skeins of natural Alpaca yarn, each student will leave the class with a finished Adult size hat. Materials fee payable at the first class of \$35.00.

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### 8000.505 M, 7-Mar to 28-Mar 10:00 AM - 12:00 PM

\$75 City/Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

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Classes held at the Maranatha Alpaca Farm

[www.MaranathaAlpacas.com](http://www.MaranathaAlpacas.com)  
[info@MaranathaAlpacas.com](mailto:info@MaranathaAlpacas.com)

## Beginning Drop Spindle

(Ages: 12 to Adult) Learn how to make your own unique one-of-a-kind yarn by hand with a drop spindle. Workshop will cover the properties of different fibers, spinning singles, making a plied yarn and setting your yarn in preparation for knitting or crocheting. \$15 materials fee payable first class includes roving and a drop spindle.

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### 8000.500 2 sessions

Monday, January 10 6:00 PM - 8:00 PM and  
Saturday, January 22 10:00 AM - 12:00 PM

\$35 City/Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

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## Fiber Preparation Class

(Ages: 12 to Adult) Learn how to prepare raw animal fiber for spinning or felting. Workshop will cover sorting, scouring, using hand cards, hand combs and a drum carder. This lecture style workshop will also include some hands on experience using fiber preparation tools.

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### 8000.502 2 sessions

Monday, March 7 6:00 PM - 8:00 PM and  
Saturday, March 12 10:00 AM - 12:00 PM

\$35 City/Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

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## Beginning Knitting

(Ages: 12 to Adult) With knit wear on all the runways this year, knitting is not just for grandma anymore. At the end of this classic you will have knit your own hat, while learning all you need to know to create your own knitted garments. Topics covered include: properties of fibers, knit and purl stitch, casting on, decreasing, binding off and seaming. \$35 materials fee payable first class and includes knitting needles and alpaca yarn.

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### 8000.503 Sa, 2-Apr to 23-Apr 10:00 AM - 12:00 PM

\$80 City/Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

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## Johnny Johnson's Watercolors

(Ages: 18 to Adult) Advanced class. Must have instructor's permission to register. Mr. Johnson can be reached at the Dorothy Hart Community Center.

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### 4037.501 Th, 7-Apr to 26-May 10:00 AM - 12:00 PM

Community Center Instructor: Johnson, Johnny

\$42 City, \$56 Non-City Resident

Registration Begins: 1/4 City 1/11 Non-City

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